




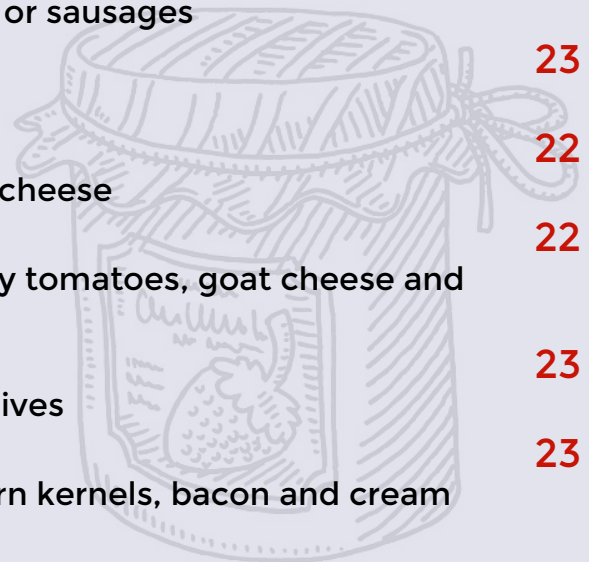
# MORNING

## OUR KINDLED BREAKFASTS

Served with potatoes, assorted fruit, toasts and a choice of our homemade jams

 Healthy choice

<b>BREAKFAST EGGS</b>	22
2 eggs served with a choice of pulled ham, bacon or sausages	
<b>QUICHE LORRAINE</b>	23
Quiche topped with bacon, cheddar and chives	
<b>SPINACH QUICHE</b>	22
Quiche slice topped with wilted spinach and feta cheese	
 <b>GARDEN OMELETTE</b>	22
Omelette topped with broccoli, cauliflower, cherry tomatoes, goat cheese and chives	
<b>HAM AND CHEESE OMELETTE</b>	23
Omelette topped with pulled ham, cheese and chives	
<b>KENTUCKY OMELETTE</b>	23
Omelette topped with green and red peppers, corn kernels, bacon and cream cheese	
 <b>POACHED EGGS AND COTTAGE CHEESE</b>	21
2 poached eggs on a bed of arugula, served with cottage cheese	



## BREAKFAST SANDWICHES

<b>MAPLE MONTE CRISTO</b>	28
Monte Cristo with pulled ham, cheese, caramelized onions, maple mustard and strawberry jam, served with a cup of maple syrup	
<b>TROUT AND CREAM CHEESE BAGEL</b>	23
Sesame bagel topped with smoked trout, cream cheese and fried capers	
<b>MISSISSIPPI MORNING</b>	21
Choice of buttermilk bun, English muffin, bagel or bread topped with mayonnaise, bacon, tomatoes, lettuce and 1 over-hard egg. Toasts not included	
<b>BREAKFAST GRILLED CHEESE</b>	26
Grilled bread, bacon, pulled ham and yellow cheddar, served with a sunny-side-up egg on top	

--- All of our breakfasts include coffee or tea ---

## HOMEMADE JAMS

- Maple butter
- Marmalade
- Apple & raspberry butter
- Jam (strawberry or blueberry)
- Fleur de sel caramel
- Chocolate hazelnut

## EGG-CENTRICS

### BRUNCH PLATE

2 eggs, pulled ham, bacon, sausages, served with potatoes, fruit, toasts with homemade spread and 2 picks : greaves spread, baked beans, pancake or French toast

31

### VEGGIE CASSEROLE

Egg, mushrooms, peppers, onions, potatoes, Hollandaise sauce, mozzarella, served with fruit, toasts and homemade spread

23

### THREE-MEAT CASSEROLE

Egg, mix of pulled ham, bacon, sausages, potatoes, Hollandaise sauce, mozzarella, served with fruit, toasts and homemade spread

26

### HAM & SWISS CHEESE EGGS BENEDICT

2 poached eggs on half a buttermilk bun, topped with Swiss cheese, pulled ham, Hollandaise sauce, served with potatoes and fruit

29

### SPINACH & GOAT CHEESE EGGS BENEDICT

2 poached eggs on half a buttermilk bun, topped with spinach, Hollandaise sauce, goat cheese, served with potatoes and fruit

28

### SAINT-ALEXIS-DES-MONTS SMOKED TROUT EGGS BENEDICT

2 poached eggs on half a buttermilk bun, topped with smoked trout, fried capers, Swiss cheese, Hollandaise sauce, served with potatoes and fruit

31

## SWEET TOOTH

### SWEET AND SAVORY

2 homemade waffles topped with caramelized peaches, 2 pancakes with bacon and cheese curds, served with custard, maple syrup, potatoes and fruit

29

### GRANDMA'S PANCAKES

3 Grandma's pancakes topped with powdered sugar and organic maple syrup, served with seasonal fruit

23

### FRENCH TOAST

2 French toast topped with powdered sugar and maple syrup, served with assorted fruits

21

### YOGURT BOWL

Vanilla or plain yogurt, served with homemade crumble, field berries, toasts and homemade spread

21

## EXTRAS

Egg, potatoes, toasts, bagel, yogurt, cheese, bacon (3), sausages (2), pulled ham, greaves spread, baked beans, fruit, buttermilk bun or Hollandaise sauce

5

French toast, pancake

8

## OPTIONS AVAILABLE FROM 11AM ON WEEKENDS

CAESAR SALAD OR SMOKED TROUT

18 / 22

THE SPAG

24

CLUB BURGER

29